



## Pocket Posh Memory Games 50 Puzzles to Train Your Brain to Remember Anything

By The Puzzle Society

Andrews McMeel Publishing. Paperback. Book Condition: New. Paperback. 144 pages. Dimensions: 6.0in. x 4.0in. x 0.4in. For the first time ever, our Pocket Posh puzzle series presents puzzles to challenge and enhance your memory skills. Building and maintaining a good memory is essential to success - whether you're studying hard for an exam, looking for work, or are simply fed up with forgetting things. Pocket Posh Memory Games is packed with 50 puzzles, exercises, and tips on how to use your brain's memory function most effectively, together with the kind of recall techniques used by memory professionals to commit to memory sequences of playing cards or long numbers. With Pocket Posh Memory Games, you can train your brain to remember anything! This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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