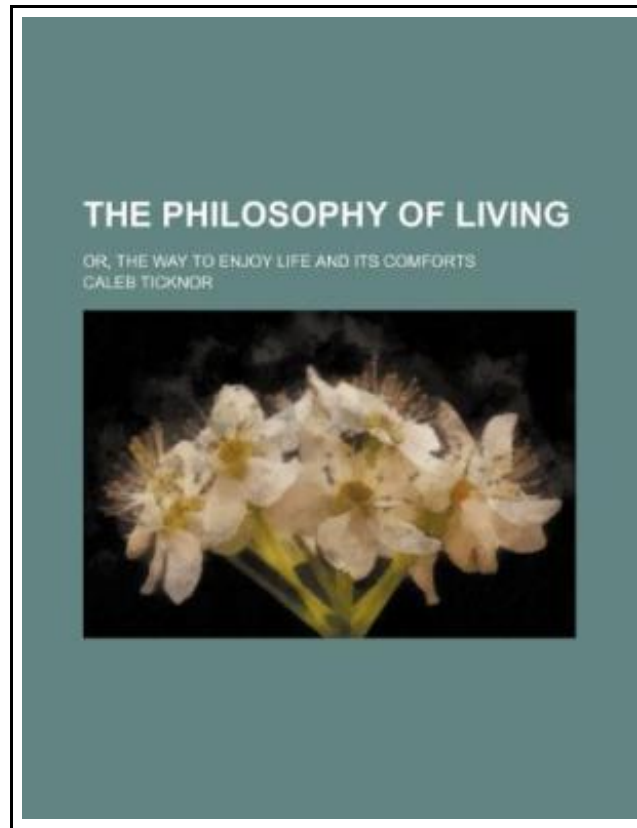


# The Philosophy of Living; Or, the Way to Enjoy Life and Its Comforts



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## ***Reviews***

*Merely no words and phrases to describe. I really could comprehend almost everything using this created e pdf. Your daily life period will be change once you full reading this ebook.  
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## THE PHILOSOPHY OF LIVING; OR, THE WAY TO ENJOY LIFE AND ITS COMFORTS



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Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1836 Excerpt: . one can, in all respects, supply her place. If, then, it becomes necessary that a child draw its sustenance from some other breast than its mother s, let a perfectly healthy nurse be obtained; and above all, let her be of an amiable temper, good character, and of regular habits. The breast milk differs at different times, so that it may be improper for the child. 1st. As has been before mentioned in respect to food--a purely vegetable diet rendering the milk unhealthy, and causing pain and griping in the child s bowels, which is often relieved by using a diet composed in part of animal food. 2d. In respect to time of digestion. Towards the twelfth hour after eating, the milk becomes thick and yellowish, and is spit out by the child; hence the meals should be taken regularly, that a healthy secretion of this nutritious fluid may be preserved. 3d. In respect to the age of the milk. The milk that is first drawn is serous or watery; and from this period it becomes thicker, so that after a twelvemonth it is rejected by the child s stomach; hence nature indicates a change of food, and the proper time for weaning. 4th. In respect to food and medicines. It is, no doubt, generally known, that in some of the Western States a disease occasionally prevails, with great fatality, called the milk-sickness, which is caused by eating the milk of cows that have fed...



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