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Mermaids and Fairy Dust

By Christiane Kerr

DIVINITI PUBLISHING, United Kingdom, 2006. CD-Audio. Book Condition: New. Unabridged. 136 x 124 mm. Language: English . Brand New. This is a superb high quality children s meditation CD by leading yoga teacher and Montessori teacher Christiane Kerr. A mother of two, Christiane runs relaxation and yoga courses for children. Her work has been featured in the national press and on TV and is now available through a new range of state of the art CDs published by Diviniti Publishing. Created for little girls of all ages, this 57 minute CD comprises 4 themes: Creative Meditations, Floating Meditations, Soothing Meditations, and Peaceful Meditations each theme comprises four individual creative visualisations. Drawing upon her vast experience of working with children, Christiane skilfully guides children to the creative part of their mind through a number of carefully scripted story meditations. Each meditation story has an underlay of subtle sound effects and gentle music which combined with Christiane s calming voice make them irresistible and a deeply relaxing. This CD will help children to relax and will enhance feelings of contentment. This CD be used for a general relaxation, or as a teaching resource and is suitable for all children up to the...



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