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ONE-MINUTE MYSTIC



Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, One-minute Mystic, Simon Parke, This work helps you to wake up your mind and soul with a mini meditation! Need a break from the mayhem of the modern world? Sometimes all you need is to give yourself permission to pause. You're not looking for easy answers or quick fixes; but you haven't given up on truth - truth that is deep enough to hold and transform the realities you live...

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- Authored by Simon Parke
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